

Chapter 6

**Dietary Fibre - Relation to Systemic Lupus
Erythematosis, Multiple Sclerosis and
Rheumatoid Arthritis - Archaeal Mediated
RNA Viroids and Amyloidosis**

Introduction

There is dietary fibre deficiency and increased endosymbiotic as well as colonic archaeal growth in autoimmune disease. The endosymbiotic archaea regulates human functions and species type and depends upon the colonic archaea whose density is determined by the fibre intake. The colonic archaeal population density depends upon dietary fibre intake. Populations with low fibre intake have lesser density of colonic archaeal microflora and endosymbiotic archaea. Endosymbiotic archaea contributes to neanderthalisation of the species. Populations consuming a high saturated fat and protein diet with low fibre intake tend to get increased endosymbiotic archaeal growth and are neanderthalised. Populations with high fibre intake up to 80 g/day tend to have reduced archaeal density in the colon and reduced archaeal endosymbiosis contributing to homo sapienisation of the population. Thus fibre intake regulates the endosymbiotic archaeal density and type of human species.

Prion proteins have been implicated in systemic lupus erythematosus, multiple sclerosis and rheumatoid arthritis. The abnormal prion protein seeded into the system converts the normal proteins with prion like domains to abnormal configuration. This abnormal protein resists digestion by lysosomal enzymes after its half life is over and results in deposition of amyloid plaques. This produces organ dysfunction. Prion phenomena were initially described for Creutzfeldt Jakob's disease, but now it is found to be wide spread in chronic disease pathogenesis including autoimmune diseases. Ribonucleoproteins are well known to behave like prion proteins and form amyloid. We have demonstrated actinidic archaea which secretes RNA viroids in systemic lupus erythematosus, multiple sclerosis and rheumatoid arthritis. The RNA viroids can bind with normal proteins with prion like domains, eg. superoxide dismutase and produce a ribonucleoprotein resulting in prion phenomena and

amyloidogenesis. The actinidic archaeal growth results in increased digoxin synthesis and phenotypic conversion of homo sapiens to homo Neanderthals as reported earlier. The increased actinidic archaeal growth is due to global warming and this results in neanderthalisation. Homo neanderthalis tend to have more of civilisational diseases like systemic lupus erythematosus, multiple sclerosis and rheumatoid arthritis. Actinidic archaeal secreted RNA viroids may play a crucial role in amyloid formation and pathogenesis of systemic lupus erythematosus, multiple sclerosis and rheumatoid arthritis.¹⁻¹⁶

Materials and Methods

The following groups were included in the study: - systemic lupus erythematosus, multiple sclerosis and rheumatoid arthritis. There were 10 patients in each group and each patient had an age and sex matched healthy control selected randomly from the general population. The blood samples were drawn in the fasting state before treatment was initiated. Plasma from fasting heparinised blood was used and the experimental protocol was as follows (I) Plasma+phosphate buffered saline, (II) same as I+cholesterol substrate, (III) same as II+cerium 0.1 mg/ml, (IV) same as II+ciprofloxacin and doxycycline each in a concentration of 1 mg/ml. Cholesterol substrate was prepared as described by Richmond. Aliquots were withdrawn at zero time immediately after mixing and after incubation at 37 °C for 1 hour. The following estimations were carried out: - Cytochrome F420, free RNA, Cytochrome F420 was estimated fluorimetrically (excitation wavelength 420 nm and emission wavelength 520 nm). Plasma of control subjects showed increased levels of the above mentioned parameters with after incubation for 1 hour and addition of cholesterol substrate resulted in still further significant increase in these parameters. The plasma of patients showed similar results but the extent of increase was more. The addition of antibiotics to the control plasma caused a

decrease in all the parameters while addition of cerium increased their levels. The addition of antibiotics to the patient's plasma caused a decrease in all the parameters while addition of cerium increased their levels but the extent of change was more in patient's sera as compared to controls. The results are expressed in tables 1-2 as percentage change in the parameters after 1 hour incubation as compared to the values at zero time.

Results

The results show that there was increase in cytochrome F420 in systemic lupus erythematosus, multiple sclerosis and rheumatoid arthritis indicating increased archaeal growth. There was also an increase in free RNA indicating self replicating RNA viroids in CJD and other disease groups. The RNA viroid generation was catalysed by actinides. The RNA viroids can bind with proteins having prion like domains forming ribonucleoproteins. These ribonucleoproteins can give an abnormal conformation to the protein resulting in generation of abnormal prions. The abnormal prions can act as a template to convert normal proteins with normal configuration to abnormal conformation. This can result in amyloidogenesis. The abnormal configured proteins will resist lysosomal digestion and accumulate as amyloid.

Table 1. *Effect of cerium and antibiotics on cytochrome F420.*

Group	CYT F420 % (Increase with Cerium)		CYT F420 % (Decrease with Doxy+Cipro)	
	Mean	± SD	Mean	± SD
Normal	4.48	0.15	18.24	0.66
SLE	23.46	1.87	59.27	8.86
MS	22.12	1.81	61.33	9.82
RA	21.68	1.90	57.93	9.64
F value	306.749		130.054	
P value	< 0.001		< 0.001	

Table 2. *Effect of cerium and antibiotics on free RNA.*

Group	RNA % change (Increase with Cerium)		RNA % change (Decrease with Doxy+Cipro)	
	Mean	±SD	Mean	±SD
Normal	4.37	0.13	18.38	0.48
MS	23.29	1.98	67.46	3.96
SLE	23.11	1.52	66.68	3.97
RA	23.33	1.35	66.83	3.27
F value	427.828		654.453	
P value	< 0.001		< 0.001	

Discussion

Dietary Fibre Deficiency, Endosymbiotic Archaea, Amyloidosis and Autoimmune Disease

There is dietary fibre deficiency and increased endosymbiotic as well as colonic archaeal growth in autoimmune disease. There was increase in cytochrome F420 indicating archaeal growth. The archaea can synthesize and use cholesterol as a carbon and energy source. The archaeal origin of the self replicating RNA was indicated by antibiotic induced suppression. The study indicates the presence of actinide based archaea with an alternate actinide based enzymes or metalloenzymes in the system as indicated by cerium induced increase in enzyme activities. There was an increase in free RNA indicating self replicating RNA viroids. The actinides modulate RNA folding and catalyse its ribozymal action. Digoxin can cut and paste the viroidal strands by modulating RNA splicing generating RNA viroidal diversity. The viroids are evolutionarily escaped archaeal group I introns which have retrotransposition and self splicing qualities. The RNA viroids can bind with proteins having prion like domains forming ribonucleoproteins. These ribonucleoproteins can give an abnormal conformation to the protein resulting in generation of abnormal prions. The abnormal prions can act as a template to convert normal proteins with normal

configuration to abnormal conformation. This can result in amyloidogenesis. The abnormal configured proteins will resist lysosomal digestion and accumulate as amyloid. This leads on to systemic lupus erythematosus, multiple sclerosis and rheumatoid arthritis. Amyloidogenesis has been implicated in systemic lupus erythematosus, multiple sclerosis and rheumatoid arthritis. Prion diseases are conformational diseases.

Dietary Fibre Deficiency, Endosymbiotic Archaea and Prion Disease

The RNA viroids generated from actinidic archaea can bind to proteins with prion like domains resulting in generation of ribonucleoproteins. Ribonucleoproteins with abnormal conformation can act as a template for normal proteins with prion like domains to change to abnormal conformation. This results in generation of prion proteins with abnormal conformation resisting lysosomal digestion and generating amyloid. These systemic diseases are due to actinidic archaeal generated RNA viroid induced prion protein generation and amyloidogenesis. Prion proteins have been implicated in systemic lupus erythematosus, multiple sclerosis and rheumatoid arthritis. The present study shows that the same prion protein mechanism can operate in systemic lupus erythematosus, multiple sclerosis and rheumatoid arthritis. Actinidic archaeal induced RNA viroids generated prions can be transferred between individuals indicating the infective nature of systemic lupus erythematosus, multiple sclerosis and rheumatoid arthritis.

The global warming results in increased growth of actinidic archaea and neanderthalisation of the homo sapien species. The actinidic archaea secreted viroids can generate ribonucleoproteins by binding to proteins with prion like domains. This generates amyloidogenesis and autoimmune disease and systemic lupus erythematosus, multiple sclerosis and rheumatoid arthritis. The widespread incidence of autoimmune diseases like systemic lupus

erythematosis, multiple sclerosis and rheumatoid arthritis leads to extinction of the neanderthalised species.

References

- [1] Weaver TD, Hublin JJ. Neandertal Birth Canal Shape and the Evolution of Human Childbirth. *Proc. Natl. Acad. Sci. USA* 2009; 106: 8151-8156.
- [2] Kurup RA, Kurup PA. Endosymbiotic Actinidic Archaeal Mediated Warburg Phenotype Mediates Human Disease State. *Advances in Natural Science* 2012; 5(1): 81-84.
- [3] Morgan E. The Neanderthal theory of autism, Asperger and ADHD; 2007, www.rdos.net/eng/asperger.htm.
- [4] Graves P. New Models and Metaphors for the Neanderthal Debate. *Current Anthropology* 1991; 32(5): 513-541.
- [5] Sawyer GJ, Maley B. Neanderthal Reconstructed. The Anatomical Record Part B: *The New Anatomist* 2005; 283B(1): 23-31.
- [6] Bastir M, O'Higgins P, Rosas A. Facial Ontogeny in Neanderthals and Modern Humans. *Proc. Biol. Sci.* 2007; 274: 1125-1132.
- [7] Neubauer S, Gunz P, Hublin JJ. Endocranial Shape Changes during Growth in Chimpanzees and Humans: A Morphometric Analysis of Unique and Shared Aspects. *J. Hum. Evol.* 2010; 59: 555-566.
- [8] Courchesne E, Pierce K. Brain Overgrowth in Autism during a Critical Time in Development: Implications for Frontal Pyramidal Neuron and Interneuron Development and Connectivity. *Int. J. Dev. Neurosci.* 2005; 23: 153-170.
- [9] Green RE, Krause J, Briggs AW, Maricic T, Stenzel U, Kircher M, Patterson N, Li H, Zhai W, *et al.* A Draft Sequence of the Neandertal Genome. *Science* 2010; 328: 710-722.
- [10] Mithen SJ. *The Singing Neanderthals: The Origins of Music, Language, Mind and Body*; 2005, ISBN 0-297-64317-7.

- [11] Bruner E, Manzi G, Arsuaga JL. Encephalization and Allometric Trajectories in the Genus Homo: Evidence from the Neandertal and Modern Lineages. *Proc. Natl. Acad. Sci. USA* 2003; 100: 15335-15340.
- [12] Gooch S. *The Dream Culture of the Neanderthals: Guardians of the Ancient Wisdom*. Inner Traditions, Wildwood House, London; 2006.
- [13] Gooch S. *The Neanderthal Legacy: Reawakening Our Genetic and Cultural Origins*. Inner Traditions, Wildwood House, London; 2008.
- [14] Kurtén B. *Den Svarta Tigern*, ALBA Publishing, Stockholm, Sweden; 1978.
- [15] Spikins P. Autism, the Integrations of 'Difference' and the Origins of Modern Human Behaviour. *Cambridge Archaeological Journal* 2009; 19(2): 179-201.
- [16] Eswaran V, Harpending H, Rogers AR. Genomics Refutes an Exclusively African Origin of Humans. *Journal of Human Evolution* 2005; 49(1): 1-18.